





**YOU  
HAVE  
3  
MINUTES  
TO  
SAVE**

**A  
LIFE ...**

**LEARN HOW**

## **HOW CAN I SAVE A LIFE?**

### **1. Recognize SCA**

The victim will be unconscious and not breathing.

### **2. Call 911 and get an AED**

### **3. Begin CPR**

- ✦ Do 30 pushes in the middle of the chest between the nipples.
- ✦ Tilt the head back and give 2 rescue breaths - Look for chest rise.

## **MSP Airport Fire Department**

The Minneapolis – Saint Paul International Airport Fire Department (AFD) is responsible for helping to ensure a safe environment in and around the airport campus. In addition to handling aircraft emergencies, fire calls, and emergency medical responses, the 50 member professional AFD also manages the MSP Public Access AED Program.

Our commitment to saving those in SCA begins with the placement of over 100 AEDs in the Lindbergh and Humphrey terminals, and around the airport campus.

The AFD maintains the equipment and trains airport employees, tenants, and travelers in CPR and the use of AEDs. Be sure to look for the Heart Cart and stop by for quick and easy instruction in these important lifesaving skills.



## **FACTS**

- ✦ Sudden Cardiac Arrest (SCA) is a disruption of the normal electricity in the heart.
- ✦ SCA victims die instantly.
- ✦ About 350,000 people die of SCA each year in the U.S.
- ✦ Current survival rates are less than 7% in most communities.
- ✦ The chance of resuscitation decreases by 10% for every minute a defibrillator is not used.
- ✦ Automated External Defibrillators (AEDs) are simple and safe
- ✦ Communities with strong AED programs have survival rates as high as 70%

### **4. Use the AED**

- ✦ Open case and turn device on.
- ✦ Attach pads exactly as shown on pictures.
- ✦ Listen to voice prompts. If indicated, press the flashing “shock” button.
- ✦ Stand clear of patient while device is analyzing or shocking.
- ✦ AEDs **will not** let you shock someone who doesn't need to be defibrillated. The AEDs **will not** let you make a mistake.
- ✦ Rescuers are protected from liability by the MN Good Samaritan Law.

**Supported by the  
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